

BREAKFAST

GRAB & GO

Breakfast

(served from 7h30 – 11h00)

Warm oats: wholesome oats with milk, cinnamon, maple syrup & pecans **R20**

Moonrock Breakfast: 2 eggs with 2 slices toast **R25**

French Toast: 2 slices French toast with bacon, cheese & tomato **R30**

Earthing: 2 eggs, bacon, grilled tomato & 2 slices toast **R30**

Greeny: 2 eggs, fresh tomato slices & avocado with 2 slices toasted rye **R30**

Breakfast Croissant: scrambled egg, bacon & cheddar on a toasted croissant **R35**

Bun on the run: soft bun topped with cheddar, bacon, a poached egg, rocket & mayo **R35**

Wheeler: 2 eggs, bacon, sausage (pork griller or beef boerewors) & 1 slice toast **R35**

Omelette: 2 egg omelette with bacon, mushrooms, tomato, cheese & 1 slice of toast **R40**

Full English: 2 eggs, bacon, sausage (pork griller or beef boerewors), baked beans, mushrooms & 1 slice toast **R50**

Banters Bestie: warm butternut, spinach and chickpea salad topped with 100g lamb & 1 poached egg **R55**

Extras

Add bacon **R15**

Add sausage (pork griller or beef boerewors) **R17**

Add chicken livers **R25**

Add cheddar cheese 50g **R10**

Add egg, avo, tomato, beans, mushrooms **R5**

Add toast **R5**

Drinks

Hot Drinks

Short = 250ml Tall = 350ml

Cappuccino **R19 / R24**

Flat White **R19 / R24**

Late **R19 / R24**

Americano **R15 / R20**

Espresso **R12 / R15**

Hot Choc (white/dark) **R19 / R24**

Chai Latte **R19 / R24**

Red Cappuccino **R19 / R24**

Five Roses/Rooibos **R12**

Fruit Juices & Iced Tea

Sir Juice Mango, Orange or Cranberry Apple **R18**

BOS Iced Tea: Berry, Peach, Lemon **R15**

Tisers & Energy Drinks

Appletiser, Grapetiser Red (330ml) **R17**

Red Bull **R21**

Switch, Engergade **R15**

Soft drinks **R12**

Coke, Coke Zero, Coke Light, Sprite, Sprite Zero

Fanta Orange, Fanta Grape, Sparberry, Crème Soda

Stoney, Dry Lemon

Valpre Still, Valpre Sparkling 500ml **R10**

Please take note

+ Prices are subject to change without prior notice

+ Keep an eye on our website for our daily changing canteen meal

+ We have a freshly prepared Halaal menu available daily

+ Orders for delivery will be dropped at 11:00 and then again after 13:00

MENU

Grab & Go

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Biltong 100g **R30**

Fruit & Nut Snacks **R25**

Crisps **R7**

Chocolates and sweets **R12**

M&M's **R16**

Gum **R9**

Sarmies (toasted or not, panini, seeded, rye)

Egg and Cheese **R25**

Bacon and Egg **R25**

Bacon, Egg and Cheese **R30**

Bacon, Avo, Cheese **R32**

Breakfast Croissant (bacon, egg, cheese) **R35**

Beef bolognaise and cheese **R28**

Cheese and Tomato **R20**

Ham, Cheese and Tomato **R25**

Chicken Mayo **R28**

Wedges (toasted or not, white/brown)

Egg Mayo **R15**

Polony and Cheese **R15**

Cheese and Tomato **R15**

Ham, cheese, tomato **R23**

Chicken mayo **R25**

Quick Bites & Sides

Breakfast Wrap **R25**

Croissant **R15**

Ham and Cheese Pastry **R20**

Pies (enquire about daily selection) **R22**

Muesli and Yoghurt cups **R25**

Egg, Ham and Cheddar Cups **R25**

Fruit Cups **R25**

Cheese and Corn Samosas **R6** each

Chicken springrolls **R7** each

Beef Moon Pie **R7** each

Side fries **R10**

Side salad **R15**

Drinks

Smoothies

Fresh Fruit Smoothies **R28**

Banana Berry Yoghurt **R26**

Banana Peanut Power **R26**

Mango Tango **R26**

Milkshakes

Strawberry **R24**

Chocolate brownie **R24**

Oreo **R24**

Coffee **R24**

Peanut butter **R24**

Maple Caramel **R24**

Add whipped cream **R5**

Treats

Check our display for the fresh bakes of the day:

Blondies/brownies **R15**

Cranberry Bliss **R18**

Pecan Pie **R22**

Baked Cheesecake **R22**

Cookies **R10/R12**

Squares **R8**

Financiers **R5**