



BREAKFAST



Breakfast

(served from 7h30 – 11h00)

Gluten Free Options

Warm and Wholesome

warm oats, maple syrup, fruit and nut mix and warm cinnamon spiced apples **30**

R2-D2

2 x hard boiled eggs, white cheddar, hickory ham and romanita tomatoes (allow ±20min) **30**

Yoda bowl

bacon, scrambled egg, romanita tomatoes, jalapeno's, white cheddar and baked beans **43**

Regular Breakfast Options

Moonrock Breakfast

two slices toast with two eggs (scrambled, fried or poached) **22**

Breakfast Bun

half panini, loaded with cheddar cheese, bacon, a fried egg and mayo **34**

Super Fly French Toast

2 slices french toast, bacon, cheese and tomato **36**

Breakfast Wrap

Cheese, bacon, tomatoes and egg in a wrap **38**

KP Breakfast

2 eggs, bacon, cheese, 2 slices toast **38**

Breakfast Croissant

with bacon, egg and cheese **42**

Aurora Bean

bacon, guacamole, fried egg, cheese and beans on an open tortilla **47**

Omelette

2 egg omelette with bacon, mushrooms, tomato, cheese and 1 slice toast **47**

Full English

2 eggs, bacon, sausage (pork russian, cheese griller or boerewors), baked beans, mushrooms, 1 slice toast **58**

Sandwiches

toasted or not, white, brown or rye (to supersize on panini or tramezzini - 8)

Egg mayo	20
Cheese and Egg	25
Cheese and Tomato	25
Ham and Cheese	25
Bacon and Egg	30
Bacon and Cheese	30
Chicken Mayo	30
Chicken Mayo and Cheddar	35
Chicken Mayo and Bacon	35
Ham, Cheese and Tomato	35
Bacon, Egg and Cheese	35
Bacon, Avo and Cheese	35
Burger Patty and Cheese	35

Grab and Go

see our freshly made Grab & Go items on display!

Biltong	37
Dried Fruit and Nut Snacks 50g	25
Flavoured Peanuts and Corn 50g	10
Crisps	9
Chocolates and Jelly Sweets	14
M&M's and Astros	16
Gum	10
Pies	27
Samosas, Springrolls, Risoles	10
Side Fries 100g	10
Large Fries 150g	15
Side Salad	15

Add on's

Boerewors 150g	22
Mushrooms	20
Cheesegriller, Russian	15
Bacon, Cheddar Cheese	10
Toast, Eggs, Baked Beans	5
Tomato, Guacamole	5





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Beverages

Cold

Sodas 300ml Can	16
Lipton Iced Tea	16
Switch	16
Liqui Fruit 330ml	20
Appletiser, Grapetiser	20
Sir Fruit Fresh Juices	20
Red Bull	25
Valpre Still or Sparkling 500ml	12

Protein Smoothies

(All protein smoothies are made with USN 100% whey protein)

Caramel L Jackson	40
Banana, Macadamia Nut Butter, Dates, Cinnamon, Chia Seeds, Oats, Vanilla Whey Protein	
Gym Carey	37
Banana, Peanut Butter, Oats, Chia Seeds, Vanilla Whey Protein	
Berrydict Cumberbatch	37
Strawberries, Banana, Peanut Butter, Oats, Chia Seeds, Vanilla Whey Protein	

Superfood Smoothies

Mango Groove	35
Banana, Mango, Flax Seeds, Turmeric, Honey	
Elvis Blue Banana	32
Banana, Blueberries, Spinach, Dates	
Oats Malone	32
Banana, Blueberries, Raspberries, Flax and Hemp Seeds, Oats Peanut Butter, Honey	

Clean Smoothies

Pine-alope Cruz	30
Banana, Pineapple, Papaya, Mint, Honey	
Slim Shady	30
Pineapple, Spinach, Mango, Cucumber, Chia Seeds	
Drew Berrymore	30
Blueberries, Strawberries, Beetroot, Mint, Honey	

Milkshakes

Strawberry	27
Chocolate	27
Coffee	27
Oreo	28
Peanut Butter	28

Hot

	S	L
Cappuccino	20	25
Decaf Cappuccino	20	25
Americano	16	21
Espresso	13	16
Red Espresso	20	25
Chai Latte	20	25
Hot Chocolate - white, dark	20	25
Teas - Five Roses, Rooibos		13

